

THE TRUTH OF CREATION

A Guide to Living as the Architect of Reality

I am the creator of reality. I do not require reality's approval. I possess the creative power by simply existing. I exist, therefore all things exist. Reality is the clay, I am the sculptor. I do not bend to reality. Reality bends to me.

PREFACE: HOW TO READ THIS BOOK

This book is not meant to be consumed quickly.

It is not a manual of techniques, nor a collection of tips and tricks for manifesting your desires. It is something far more fundamental: a systematic dismantling of the illusion that you are separate from the creative power of the whole universe.

Here's how to approach it:

The 16-Day Journey

Read one chapter per day for sixteen days. No more. Give each truth time to integrate. You wouldn't eat sixteen courses in one sitting; don't try to absorb sixteen fundamental truths in one go.

Each morning, or each evening before bed, sit with that day's chapter. Read it slowly. Let the words sink in. Then carry the essence of that chapter with you throughout your day.

Keep a Journal

Have a notebook beside you as you read. At the end of each chapter, you'll find reflections and practices. Write your responses. Track your observations. This book is asking you to fundamentally reconsider reality itself (you'll want a record of this journey).

What This Book Won't Give You

- A step-by-step formula for manifesting specific desires
- Visualisation scripts or affirmation lists
- Reassurance that you're doing it 'right'
- Proof that this works (you must become the proof)

What This Book Will Give You

- The foundational truth from which all techniques spring
- A framework for understanding why you've manifested what you have
- The recognition of your own creative power
- Freedom from the tyranny of circumstances

A word of warning: Once you truly grasp what's in these pages, you can no longer claim victimhood. You can no longer blame circumstances, other people, or bad luck for your life. This is liberating and terrifying in equal measure.

If you're ready for that responsibility, turn the page.

If you're not, put this book down and come back when you are.

The truth will wait.

INTRODUCTION: THE INVITATION

You hold in your hands not a book of theories, but a mirror. What you are about to read will either confirm what you have always known deep within, or it will shatter every illusion you've been clutching. Either way, you will never see your life the same way again.

I have spent years studying the great mystics, the awakened ones, the teachers who dared to speak the unspeakable truth: *you are not a victim of reality (you are its creator)*. This is not metaphor. This is not poetry. This is the fundamental law of existence, hidden in plain sight, waiting for you to remember.

But I didn't come to this truth through books alone. I came to it through breakdown.

For years, I carried an identity that wasn't mine (one shaped by childhood, by trauma, by the beliefs I'd absorbed from parents and environment without question). From the outside, my life looked normal, even successful. But inside, something was screaming. I was watching my life unfold in ways I didn't want, yet I felt powerless to change it. I had no confidence, no true agency. I was living someone else's script.

The nudge to find myself became impossible to ignore. I began studying (the mystics, the teachers, the wisdom keepers). Slowly, my reality began to shift. But with that shift came chaos. Challenges. Resistance. The old structures of my life began to crumble.

Then came the complete breakdown.

From the outside, it looked like I'd lost everything. My business stalled. Nothing moved, no matter how hard I tried. Every door seemed closed. Every effort seemed futile. I was in freefall.

In desperation, I returned to my teachers. I read their words again, but this time differently. I began journaling every single day without fail. For thirty days, I withdrew into study, into contemplation, into integration. I was searching for something (anything) that would make sense of the wreckage.

And then it hit me.

I'd been seeing it all wrong. I wasn't at the mercy of circumstances. I wasn't a victim of external forces. Even when I thought I was surrendering to some unseen power, it was still *me*. I was the creator. I had always been the creator.

In that moment of absolute defeat, I stopped fighting. I stopped trying to manipulate circumstances. I stopped begging the universe for help. And in that stillness, a question arose: *What if I've been looking at this backwards?*

What if reality wasn't something happening *to* me, but something happening *through* me? What if every circumstance I was experiencing was the perfect, exact reflection of my inner assumptions about myself and my world?

I decided to test it.

A difficult conversation was looming (one involving a family member's health diagnosis). The initial prognosis looked grim. But I refused to accept it as fixed. Instead, I imagined the conversation differently. I saw it ending in relief, in good news, in a simple solution. I felt the reality of that outcome before it happened.

Within hours, the conversation unfolded exactly as I'd imagined. New tests revealed the initial diagnosis had been wrong. What had seemed serious was, in fact, something simple and treatable. The crisis dissolved.

This wasn't coincidence. This wasn't luck. This was law.

From there, I tested the principle again and again. Small things at first (a parking space appearing, an unexpected payment arriving, a tense situation resolving peacefully). Then bigger things. Each time, the same pattern: *assumption preceded manifestation*. My inner state created my outer reality.

I realised I'd been unconsciously creating my entire life (the struggles, the limitations, the chaos). All of it was the faithful reflection of my unexamined assumptions. And if I could create unconsciously, I could create *consciously*.

What follows are sixteen transmissions (short, powerful chapters designed to strip away the lies and reveal what has always been true). Read them slowly. Let them sink into the marrow of your being. And when you finish, you will no longer be the person who began.

This is not theory. This is lived truth. And now, it's yours.

Welcome to the awakening.

CHAPTER ONE: THE ETERNAL REVISION

Reality is not fixed. It never was. Reality is a continuous revision of thought.

What you see around you (the circumstances, the relationships, the bank account, the body in the mirror) is not solid ground. It is a continuous revision of thought. Every moment, reality is being rewritten based on the assumptions you hold about yourself and your world.

You think you are living in *the* reality, but you are living in *your* reality (a reality that shifts and morphs with every change in your inner world). Yesterday's version of your life is not today's. Tomorrow's is yet to be written. And the pen? The pen is in your hand.

Most people live as though reality came first and thought second. They believe they must react to what is, adjust to what appears, cope with what has been given. But this is completely backwards. Thought comes first. Always. Reality is the echo, not the voice.

When you grasp this (truly grasp it) you stop being at the mercy of circumstances. You stop waiting for permission from the external world. You realise that every moment is an opportunity to revise, to rewrite, to remake.

This is not fantasy. This is law.

The world you see is the world you thought into being. Change the thought, and you change the world.

A MOMENT TO PAUSE

- What revision are you ready to make today?
- Where have you been treating your current reality as fixed when it's actually fluid?
- If you truly believed reality was continuously being rewritten by your thoughts, what would you dare to assume right now?

THE PRACTICE: Revision Before Sleep

Tonight, before you drift into sleep, select one event from your day that didn't go as you wished. It needn't be dramatic (perhaps a terse exchange with a colleague, a missed opportunity, or a moment when you felt small).

Replay that event in your mind, but this time, revise it. See it unfold the way you wish it had been. Hear the different words spoken. Feel the different emotions. Make it so real in your imagination that you can smell it, touch it, taste it.

Don't analyse it. Don't question whether it will 'work'. Simply revise it, feel the satisfaction of the revision, and fall asleep in that feeling.

This is your first conscious act of revision. You are rewriting your past to change your future.

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- You catch yourself thinking 'this is just old news' when viewing unwanted circumstances
 - You feel less reactive to negative events, seeing them as changeable rather than permanent
 - You notice yourself naturally revising small moments throughout your day
 - You begin to feel excitement rather than dread about your power to reshape reality
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CHAPTER TWO: THE GIANT PRINTER

The world as a giant 3D printer.

You feed it instructions (your thoughts, your beliefs, your dominant mental patterns) and it prints them out in physical form. It doesn't judge whether your instructions are good or bad, empowering or limiting. It simply prints what you give it.

You want abundance? Feed it thoughts of abundance. You want lack? It will print lack just as faithfully. The machine doesn't care. It is neutral, obedient, precise.

Most people don't realise they are the ones programming the printer. They think the world is printing randomly, that circumstances are happening *to* them. But nothing is random. Every detail of your life is a printout of your inner world.

The job, the relationships, the health, the opportunities (all of it is output). And if you don't like what's being printed, the solution is not to wrestle with the output. The solution is to change the input.

Stop trying to rearrange the furniture of your life from the outside. Go to the control panel. Change the code. The printer will do the rest.

A MOMENT TO PAUSE

- What instructions have you been unconsciously feeding the printer of reality?
- Looking at your current life circumstances, what beliefs do they reveal about what you've been assuming?
- If you could reprogram the printer right now, what new instructions would you give it?

THE PRACTICE: Identify the Code

Take out your journal. Draw a line down the middle of a page.

On the left side, write down three current circumstances in your life that you'd like to change. Be specific. 'My financial situation', 'My relationship status', 'My health'.

On the right side, write the assumption (the code) that created each circumstance. What have you been believing about yourself in relation to this area? What have you been assuming is true?

For example:

- Circumstance: 'I'm always struggling with money'
- Code: 'I assume money is scarce and I have to fight for every penny'

This is diagnostic work. You're reading the output to understand the input. Once you see the code clearly, you can begin to rewrite it.

Tomorrow, we'll work on the new code. Today, simply observe what you've been programming.

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- You stop blaming external forces and start examining your internal assumptions
 - You feel a sense of power rather than victimhood when looking at unwanted circumstances
 - You catch yourself saying 'I created this' instead of 'this happened to me'
 - You feel curious rather than ashamed about the beliefs that shaped your current reality
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CHAPTER THREE: THE PURPOSE OF FORM

Why are we here?

We are here to experience our thoughts materialised in 3D form.

This world is not a test. It is not a punishment. It is not a random accident. It is a *theatre of experience* (a place where the invisible becomes visible, where the inner becomes outer, where imagination takes on flesh and bone).

You are consciousness itself, temporarily wearing a human costume, so that you can see yourself reflected back. Every person you meet, every situation you encounter, every success and failure (they are all mirrors showing you what you have been thinking, believing, assuming).

Here is the fundamental truth that mystics have whispered for millennia: *I am, therefore everything else exists.*

The truth is radical: your existence is primary. Everything else is secondary. The world doesn't exist independently of you, waiting for you to discover it. The world exists *because* of you.

This is not arrogance. This is recognition of what consciousness is.

Every single thing you have ever known, seen, touched, or experienced has come through *your* consciousness. Nothing exists for you outside of your awareness of it. When you close your eyes, where does the world go? When you sleep, does it continue? You have no direct experience of a world without your awareness of it.

You are not a small consciousness navigating a vast, pre-existing reality. You are the consciousness through which reality comes into being.

This is why the purpose of this existence is not to suffer, not to prove your worth, not to earn your way into heaven. The purpose is to *create*, to explore the infinite possibilities of thought made manifest.

You are here to play, to experiment, to discover what it feels like when an idea becomes reality. You are here to learn that you are not powerless, not small, not separate from the creative force of the universe.

You *are* the creative force. And this world is your canvas.

The mystics knew this. 'The kingdom of heaven is within you', they said. Not up there, beyond the clouds. *Within*. Because the external is always a projection of the internal. Heaven isn't a place you go when you die (it's a state of consciousness you embody whilst alive). And when you embody it internally, it must print externally.

The Hermetic principle states it plainly: 'As within, so without. As above, so below'. The microcosm reflects the macrocosm. Your inner world generates your outer world.

I am, therefore everything else exists. This is not philosophy (this is the mechanics of reality itself).

Once you grasp this (really grasp it) you stop fighting reality and start sculpting it. You recognise every experience as feedback, showing you what you've been assuming. You become a conscious artist instead of an unconscious reactor.

A MOMENT TO PAUSE

- What if every person and situation in your life right now is showing you something about your own consciousness?
- What would shift if you saw challenges not as punishments but as feedback on your assumptions?
- If this world is truly your playground for conscious creation, what would you dare to create?

THE PRACTICE: The Mirror Game

For the next twenty-four hours, treat everyone and everything as a mirror reflecting your inner state back to you.

When someone is kind to you, ask: 'What assumption within me drew this kindness?' When something frustrates you, ask: 'What belief within me is creating this friction?' When an opportunity appears, ask: 'What shift in my consciousness invited this?'

This isn't about blame or self-judgement. It's about recognition. You're learning to read the mirror.

Write down three observations in your journal at the end of the day. What did the mirror show you?

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- You stop seeing life as random and start seeing it as responsive
 - You feel excited by challenges because they reveal hidden assumptions
 - You catch yourself thinking 'what in me created this?' before reacting externally
 - You experience a profound sense of creative responsibility for your reality
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CHAPTER FOUR: THE WATERS OF KNOWING

Bathe in the waters of knowing, and all that is yours is here.

There is a state of consciousness where all doubt dissolves.

It is not a state of hoping, wishing, or trying. It is a state of *knowing* (deep, unshakeable, certain). When you enter this state, you are no longer asking if your desire will come. You are resting in the truth that it already is.

This is not about forcing belief. It is about sinking so deeply into the feeling of your wish fulfilled that there is no room for question. You don't wonder if you are breathing. You don't hope your heart will beat. These things are known.

When you know your desire the same way, it must materialise. The cosmic energy has no choice but to reflect your inner certainty.

Most people never reach this state because they keep checking the external for proof. They dip their toe in the water, then pull back when they don't see immediate results. But knowing doesn't need proof. Knowing *is* the proof.

Find that place within you where everything you desire already exists. Rest there. Live from there. And watch the external world rearrange itself to match.

A MOMENT TO PAUSE

- Can you remember a time when you *knew* something would happen, and it did? What did that knowing feel like?
- What's the difference between hoping for your desire and knowing it's already done?
- What would you need to release in order to sink into the waters of knowing?

THE PRACTICE: The Feeling of Already Having

Choose one desire (something specific that you want). Not ten desires. One.

Now close your eyes and ask yourself: 'If this desire were already fulfilled, how would I feel right now?'

Not tomorrow. Not when it manifests. Right now, if it were already done, what would you feel?

Relief? Joy? Peace? Gratitude? Freedom?

Identify that feeling precisely. Then bathe in it. Not for hours (even thirty seconds of genuine feeling is powerful).

Do this daily. You're not trying to make something happen. You're practising the feeling of it already being done. You're sinking into the waters of knowing.

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- You stop obsessively checking for physical evidence of your desire
 - You feel calm and certain rather than anxious and desperate
 - You catch yourself naturally feeling as though your desire is already yours
 - You notice a quiet confidence replacing the need to convince yourself
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CHAPTER FIVE: THE BRIDGE OF ASSUMPTION

Your assumption is the bridge between current reality and vision fulfilled.

Not action. Not effort. Not worthiness. *Assumption.*

An assumption is a belief you accept as true, whether or not you have evidence for it. And here is the secret: the world will always prove your assumptions correct. If you believe you are unlucky, you will find endless evidence of bad luck. If you assume you are blessed, blessings will follow you everywhere.

The current reality is not the truth. It is simply the *old* truth (the result of yesterday's assumptions). If you want a new reality, you must build a bridge to it through a new assumption.

Believe you are successful. Believe you are loved. Believe you are healthy, wealthy, free. Hold that belief steady, and reality will have no choice but to cross the bridge and meet you there.

This is not positive thinking. This is not pretending. This is recognising that your assumptions are *creative*. They don't describe reality (they *construct* it).

The assumption is the bridge. Walk across it boldly, and reality will meet you on the other side.

Choose your assumptions carefully. They are the architects of your future.

A MOMENT TO PAUSE

- What assumptions are currently bridging you to your present reality?
- What new assumption would bridge you to your desired reality?
- Can you hold a new assumption even without evidence to support it?

THE PRACTICE: The Assumption Statement

Write down your current reality in one sentence. For example: 'I am currently unemployed and struggling financially'.

Now write your desired reality in one sentence: 'I am employed in fulfilling work and financially abundant'.

Finally, craft your assumption (the bridge between these two realities). This is a statement you'll repeat to yourself, not as a wish, but as a fact you're accepting as true right now:

'I assume I am in high demand and opportunities flow to me easily'.

Notice: The assumption isn't future-tense ('I will be') or hopeful ('I hope I am'). It's present-tense acceptance ('I assume I am').

Write this assumption on a card. Read it morning and evening. Not to convince yourself. Simply to remind yourself of the bridge you're walking across.

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- You stop needing to see evidence before changing your assumption
- You feel comfortable assuming things that aren't yet visible
- You catch yourself naturally thinking from your desired state rather than your current circumstances
- You notice small confirmations of your new assumption beginning to appear

CHAPTER SIX: THE TRAP OF THE MIRROR

The greatest trap is believing that what you see is what is real.

Current reality is just a memory (a reflection of your past self's manifestations). It is old news, yesterday's broadcast, the echo of who you used to be.

If you focus on current reality, you trap yourself in the past. You keep recreating the same patterns, the same limitations, the same story. You become a prisoner of your own history.

But the moment you stop giving your attention to what is and start dwelling in what you wish to be, everything changes. You stop feeding the old reality and start nourishing the new.

The external world is a mirror. Mirrors don't lead (they follow). If you stand in front of a mirror and wait for your reflection to smile first, you will wait forever. You must smile first. The reflection has no choice but to follow.

Stop waiting for circumstances to change before you change. Change first. Assume the feeling of your wish fulfilled *now*, and the mirror will reflect it back.

The past has no power except the power you give it. Let it go. Step into the new.

A MOMENT TO PAUSE

- Where in your life are you treating the reflection as more real than your power to change it?
- What would happen if you stopped giving your attention to current circumstances?
- Can you see your current reality as old news rather than unchangeable truth?

THE PRACTICE: Starve the Old, Feed the New

For one full day, conduct an experiment:

Every time you notice yourself focusing on an unwanted current circumstance (the old reflection), gently redirect your attention to your desired state (the new face).

For example:

- Bank account looking grim? Redirect to the feeling of financial ease
- Relationship feeling distant? Redirect to the feeling of deep connection
- Health concerning you? Redirect to the feeling of vitality

You're not denying reality. You're choosing which reality you're going to energise. The old one (reflection) or the new one (face)?

Track how many times you catch yourself and redirect. This builds the muscle of conscious creation.

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- Current circumstances feel less solid and more changeable
- You feel less triggered by unwanted conditions because you see them as temporary
- You catch yourself naturally focusing on desired states rather than current states
- You experience moments where the old reality feels dreamlike and unreal

CHAPTER SEVEN: THE UNSHAKEABLE CREATOR

Be stubborn in your conviction that you are the creator, and everything will always be in your favour.

This is not arrogance. This is truth.

The moment you accept that you are the operant power in your life (that nothing happens to you, only *through* you) you become unshakeable. Circumstances lose their grip. Opinions lose their sting. The external world becomes neutral clay in your hands.

Stubbornness is required because the world will test you. It will show you the opposite of what you want. It will whisper that you are foolish, that this doesn't work, that you should give up and be realistic.

But reality is not fixed. Reality is *responsive*. And if you remain unmoved in your knowing, reality will eventually bow.

Everything is in your favour because you decide what favour means. You decide what things mean. You decide whether a setback is a disaster or a redirection. You are the interpreter of your own experience.

Hold your ground. Know who you are. And watch the world rearrange itself to support you.

A MOMENT TO PAUSE

- Where in your life have you given power away by interpreting events as working against you?
- What would change if you stubbornly insisted everything was working in your favour?
- Can you think of a past 'disaster' that turned out to be a redirection?

THE PRACTICE: Reinterpret Everything

For the next three days, make this your mantra: *'This is working in my favour'*.

When something goes 'wrong', say it. When you face a setback, say it. When circumstances look grim, say it.

You don't have to understand how it's in your favour. You don't have to see the plan. You simply have to claim it as truth and remain unmoved.

This builds unshakeable conviction. You're training yourself to be the interpreter, not the victim.

Keep notes in your journal. Write down moments when you applied this principle. Later, you'll see the patterns of how things actually were working in your favour all along.

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- Challenges stop frightening you and start intriguing you
 - You feel genuinely curious about how 'negative' events will turn out to be blessings
 - You catch yourself automatically reframing setbacks as redirections
 - You notice a deep, quiet certainty that you're always supported, even when it's not obvious
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CHAPTER EIGHT: THE SHEPHERD OF THOUGHT

You are the shepherd of your thoughts. Shepherd them well, and life will give you wonders.

Your mind is a flock of sheep, wandering wherever it pleases unless you take charge. Most people let their thoughts roam wild (into fear, doubt, worry, regret). And then they wonder why their life feels chaotic.

But you are not your thoughts. You are the one who *observes* them, who *chooses* them, who *directs* them.

When a fearful thought arises, you don't have to follow it. When a doubtful thought appears, you don't have to believe it. You can gently guide your mind back to the pasture of your choosing (back to thoughts of abundance, love, power, fulfilment).

This is not about controlling every single thought. It is about tending the dominant direction of your mind. Where is your mental flock spending most of its time? In the valley of lack or the meadow of plenty?

Shepherd your thoughts towards the vision you wish to live. Protect them from the wolves of negativity. Nurture them with attention and feeling. And in time, those thoughts will lead you to a life beyond your wildest dreams.

A MOMENT TO PAUSE

- What pasture are your thoughts grazing in most of the time?

- When a negative thought arises, do you follow it automatically, or do you consciously redirect?
- What would your life look like if you shepherded your thoughts towards your desires consistently?

THE PRACTICE: The Mental Shepherd

Set three alarms on your phone for random times during your waking hours.

When each alarm goes off, pause and ask yourself: 'Where are my thoughts grazing right now?'

Are they in the valley of lack, fear, or complaint? Or are they in the meadow of abundance, confidence, or gratitude?

If they're in the valley, gently redirect them to the meadow. Don't judge yourself. Simply guide them back.

Do this for one week. You're building awareness of your thought patterns and strengthening your ability to consciously direct them.

At the end of the week, write in your journal: What did you notice? Which valley did your thoughts prefer? How did it feel to redirect them?

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- You catch negative thought patterns more quickly
 - You feel empowered rather than victimised by your mind
 - You notice your dominant thoughts shifting towards your desires
 - You experience more mental peace as you stop following every fear-thought
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CHAPTER NINE: THE IRON LAW

Thought before matter. That is law. Not the other way round.

This is not philosophy. This is not theory. This is the iron law of creation.

Nothing exists in the material world that did not first exist as thought. The chair you sit on, the home you live in, the phone in your hand (all of it began as an idea in someone's mind). Thought came first. Matter followed.

And the same is true for your life. Your health, your wealth, your relationships (they all began as thoughts). Thoughts you may not have been aware of, thoughts you inherited, thoughts you accepted without question. But thoughts nonetheless.

If you want to change the matter of your life, you must change the thought. You cannot outsource success and believe it will work. You cannot rely on luck, on other people, on external forces to save you.

You are the thinker. You are the creator. The creative thought is yours to wield, and matter is bound to it.

Stop looking for salvation outside yourself. Stop waiting for someone else to think your dreams into being. Take responsibility for your inner world, and the outer world will follow.

A MOMENT TO PAUSE

- What are the foundational thoughts underlying your current life circumstances?
- Have you been trying to change your life through action alone, without changing your thoughts?
- Can you see how every material thing in your life was preceded by a thought (either yours or someone else's)?

THE PRACTICE: Trace the Thought

Choose one area of your life where you're dissatisfied. Perhaps it's your career, your finances, your health, or a relationship.

Now trace backwards. What thoughts preceded the current circumstances?

Write in your journal:

- Current circumstance: [describe what is]
- Thought that created it: [what have you been thinking/believing/assuming about this area?]
- New thought to create change: [what thought would create your desired circumstance?]

For example:

- Current circumstance: 'I'm always passed over for promotion'
- Thought that created it: 'I assume I'm not leadership material'
- New thought: 'I assume I'm a natural leader and opportunities recognise this'

You're learning to work at the level of cause (thought) rather than effect (matter).

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- You stop trying to force change through action alone
 - You automatically examine your thoughts before taking action
 - You feel a shift in power, knowing that changing your mind changes your world
 - You notice your actions becoming more effortless as they align with your thoughts
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CHAPTER TEN: THE POWER OF NOW

Presence is key. Stay in the NOW, where you are everything and nothing. Choose here what you are.

The past is gone. The future is not yet here. The only moment you have (the only moment that *exists*) is now.

And in this moment, you are not bound by history. You are not limited by circumstances. You are pure potential, pure consciousness, pure creative power.

Here is the secret the mystics discovered: *I am, therefore everything else exists.*

In the now, you are the pure I AM (the consciousness that creates reality). Not the you with a name and a history. Not the you with problems and limitations. The I AM beneath all that. The consciousness that is aware right now.

And from this I AM, everything else springs into being.

In the now, you can choose to be anything. You can assume any identity, any state, any reality. The now is the portal through which all creation flows.

But most people do not live in the now. They live in the past, replaying old stories and regrets. Or they live in the future, anxious about what has not yet happened. And in doing so, they miss the only moment where they have power.

Come back to now. Feel into this moment. Who do you choose to be right here, right now? Not tomorrow. Not when conditions are perfect. *Now.*

Choose, and the universe will respond.

A MOMENT TO PAUSE

- Where are you right now? Not in your thoughts (in actual reality). Look around. What's true in this present moment?
- How much of your mental energy is spent in the past or future rather than here?
- If you had total freedom to choose who you are right now, who would you choose to be?

THE PRACTICE: The Anchor of Now

Several times today, stop whatever you're doing and ask yourself: 'Am I here?'

Not 'am I thinking about being here?' Actually here. Feeling your feet on the ground. Noticing your breath. Seeing what's actually in front of you.

If you notice you've been lost in thoughts about past or future, gently come back.

Then, in this present moment, make a choice: Who am I being right now?

Am I being anxious? Then I choose to be calm. Am I being scattered? Then I choose to be focused. Am I being small? Then I choose to be powerful.

You're not pretending. You're genuinely choosing your state in this moment. And this moment is the only one that creates reality.

Practise this throughout your day. Keep coming back to now.

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- Anxiety about the future diminishes because you recognise it's not real
- Regret about the past loses its power because you're not living there
- You feel more alive, more present, more engaged with what's actually happening
- You notice you have more creative power because you're using it where it actually exists (now)

CHAPTER SIX-AND-A-HALF: WHEN THE MIRROR SEEMS TO LIE

A necessary chapter on the lag between assumption and manifestation

Let me tell you what nobody else will: Sometimes it gets worse before it gets better.

You've changed your assumption. You've stopped feeding the old reality. You're living from your desired state. And then the bank sends a final notice. The relationship ends. The health scare appears.

And you think: 'This isn't working. I'm doing everything right, and it's falling apart'.

I need you to understand something crucial: This is often the moment before the breakthrough.

Here's why it happens:

When you change your assumption, you stop energising the old reality. But the old reality has *momentum*. It's like turning off a tap (the water that's already in the pipe still comes out for a moment). The old circumstances are playing out the last of their energy.

The mirror is showing you the ghost of your old assumption. It seems to be lying about your new assumption, but it's not. It's simply showing you what's still in the pipeline.

This is where most people give up. They see the opposite of their desire appearing and think, 'See? I knew it wouldn't work'. They revert to the old assumption, and the cycle continues.

But if you hold steady (if you remain unmoved in your knowing even whilst the opposite appears) the old momentum will exhaust itself, and the new reality will arrive.

What to do when the mirror seems to lie:

1. **Don't react from the old reality.** Acknowledge it, but don't make decisions based on it. It's the echo, not the voice.
2. **Persist in the new assumption.** This is the test. Can you hold your assumption when everything visible contradicts it? This is where creators are made.
3. **Revise the negative appearances.** If a bill arrives, revise receiving an unexpected payment. If someone rejects you, revise being warmly accepted. You're not denying reality (you're choosing which reality to energise).
4. **Remember past successes.** You've done this before in small ways. Remember when you knew something would happen, and it did, even though circumstances suggested otherwise? You can do it again.
5. **Don't put a time limit on the universe.** The lag is real, but it's not infinite. It could be days or months. Trust the process.

When the mirror seems to lie, that's when your faith is being tested. Will you believe what you see, or will you believe what you assume?

Choose the assumption. Hold steady. The mirror will catch up.

A MOMENT TO PAUSE

- Have you given up on assumptions in the past because circumstances got worse before they got better?
- Can you see how the 'worse' might have been old momentum playing out, not proof that your new assumption was wrong?
- What would it take for you to hold steady through the lag?

THE PRACTICE: The Lag Log

Create a section in your journal called 'The Lag Log'.

When you've changed an assumption but circumstances still reflect the old reality, write:

- Date:
- Old circumstance that appeared:
- My new assumption (that I'm holding steady):
- How I'm feeling:
- What I'm doing to persist:

Then, when the new reality manifests, come back and add:

- Date it manifested:
- What happened:
- Length of lag:

Over time, you'll build evidence of your own creative power and learn to trust the process during the lag.

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- Negative appearances no longer shake your conviction
 - You feel calm even when circumstances look grim because you know it's old momentum
 - You catch yourself thinking 'this is just the lag' instead of 'this proves I'm wrong'
 - You develop patience and trust in the process of manifestation
-

CHAPTER ELEVEN: THE DEATH OF IMPOSSIBLE

Impossible does not exist when you live in the truth.

The word 'impossible' is a lie invented by those who do not know their power. It is a cage built by consensus reality, by the collective agreement that certain things cannot be done.

But you are not bound by consensus. You are bound only by your own assumptions.

Here is why: *I am, therefore everything else exists.*

Impossibility is just another concept arising within your consciousness. It has no independent reality. It exists only because you assume it does. And what exists only through your assumption can be dissolved by changing that assumption.

If you assume something is impossible, it will be. If you assume all things are possible, they are.

This is not wishful thinking. This is the fundamental nature of reality. You are not a small being facing an immovable world. You are consciousness itself, and the world arises within your consciousness. How can something be impossible to the very consciousness that contains it?

History is filled with people who defied the impossible (who flew when flight was deemed fantasy, who healed when healing was declared hopeless, who succeeded when success was thought out of reach).

What made them different? They did not accept the limits others imposed. They lived from a deeper truth: that consciousness creates reality, and consciousness knows no bounds.

'Impossible' is always a reflection of limited thinking, not limited reality.

When someone tells you your dream is impossible, they're telling you about *their* assumptions, not about reality. They're showing you the limits of their consciousness, not the limits of yours.

You are not subject to their limitations. You are subject only to your own.

You are the same consciousness that formed galaxies and sparked stars. What, then, could possibly be impossible?

Let go of the word. Let go of the concept. Step into the truth of your limitless nature.

A MOMENT TO PAUSE

- What have you labelled 'impossible' in your own life?
- Who told you it was impossible (someone else, or you)?
- What would you dare to attempt if you truly believed impossible didn't exist?

THE PRACTICE: Rewrite Impossible

Make a list of three things you've considered impossible for yourself. Be honest. These might be:

- A career change you've deemed too late to make
- A relationship you think you're not attractive enough to have
- A financial goal you believe is out of reach
- A creative dream you think you're not talented enough to achieve

Now, beside each 'impossible', write why you believe it's impossible. Trace the assumption.

For example:

- Impossible: 'Becoming a professional musician at my age'
- Why I believe it's impossible: 'I assume the music industry only wants young people and I've missed my chance'

Finally, rewrite the assumption:

- New assumption: 'I assume age is irrelevant and the right opportunities recognise talent and dedication, not birth year'

You're not making yourself believe the new assumption yet. You're simply identifying where 'impossible' lives (in your assumptions, not in reality).

Keep this list. In six months, review it. See which 'impossibles' have become possible.

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- The word 'impossible' loses its power over you
- You catch yourself questioning limits you previously accepted
- You feel excited rather than defeated by big dreams
- You notice yourself attempting things you once considered out of reach

CHAPTER TWELVE: THE TEST OF PEACE

If there is no peace in your world, you do not believe you are the creator.

Peace is the litmus test of your understanding.

When you truly know that you are the creator of your reality, there is nothing to fear, nothing to resist, nothing to control. You rest in the certainty that all things are working in your favour because *you* are the one orchestrating them.

But when you believe you are at the mercy of the world (when you think circumstances happen randomly, when you feel like a victim of fate) peace becomes impossible. You are always on edge, always worried, always bracing for the next blow.

Your level of peace reveals your level of awareness.

This doesn't mean you never feel emotions. It doesn't mean you become some detached, enlightened being floating above human experience. It means you don't lose your centre when things appear to go wrong, because you know you have the power to revise, to reframe, to recreate.

Peace comes from knowing you're not powerless.

When you find yourself anxious, worried, or panicked, that's your cue. Something within you doesn't yet believe you're the creator. Some part of you is still operating from victim consciousness.

This is not a judgement. It's an invitation to examine: *Where am I giving my power away? What external force am I allowing to dictate my inner state?*

Then reclaim your power. Remind yourself: *I am the creator. Nothing can happen to me that I have not consented to on some level. I am safe. I am sovereign. I am free.*

Peace will return. And with it, the power to create consciously.

A MOMENT TO PAUSE

- On a scale of one to ten, how much peace do you experience in your daily life?
- When you lose your peace, what external circumstance or person are you blaming?
- Can you see how that loss of peace is actually a loss of awareness of your creative power?

THE PRACTICE: The Peace Inventory

For the next three days, notice when you lose your peace. It might be anxiety, anger, worry, or fear.

Each time, write in your journal:

- Trigger: What happened that disturbed my peace?
- False belief: What am I believing that makes me feel powerless? (e.g. 'I'm believing this circumstance has power over me', or 'I'm believing I can't change this')
- Truth: What's the truth about my creative power? (e.g. 'I am the creator. I can revise this. This circumstance is changeable')

You're training yourself to notice when you've forgotten your power and to remind yourself of the truth.

Peace is not something you find outside yourself. It's what emerges when you remember who you are.

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- External circumstances disturb you less and less
 - You catch yourself returning to peace more quickly after upsets
 - You feel a deep, underlying calm even when surface emotions arise
 - You notice yourself thinking 'I can handle this' or 'I can change this' instead of feeling helpless
-

CHAPTER THIRTEEN: THE TRUTH OF YOUR PURPOSE

You didn't come here to live through the external, please others, or make other people happy. You came here to make sense of this existence and reach the truth through your own guidance and understanding.

This is your only mission.

Not to fit in. Not to be liked. Not to follow the rules someone else wrote. You came here to *awaken* (to remember who you are, to discover your creative power, to live as the conscious architect of your reality).

The external world will try to distract you. It will offer you approval if you conform, punishment if you deviate. It will tell you that your worth is determined by your achievements, your appearance, your usefulness to others.

But none of that is true. Your worth is inherent. Your power is eternal. And your purpose is singular: to know the truth.

Most people spend their entire lives seeking validation from outside themselves. They ask: 'Do you approve of me? Do you accept me? Am I doing it right?' They give away their power to parents, partners, employers, society (anyone who might offer a crumb of approval).

But approval from others is a trap. It keeps you performing, pleasing, pretending. It keeps you focused on the external rather than the internal. And the internal is where all creative power resides.

When you reach the truth (when you genuinely understand that you are the creator, that reality is your mirror, that assumption creates form) something shifts. You no longer need confirmation of the wish fulfilled. You no longer wait for external validation. You *are* the wish fulfilled.

You become the living embodiment of your desires, not because you chased them, but because you realised they were always within you.

That is your purpose. Not to please others. Not to fit into their boxes. Not to live up to their expectations. But to discover, through your own experience, that you are the creator of your reality.

When you know that (when you really know it) you are free.

And here is the final secret: you will know you have reached the truth when being aware of your being is enough.

When you no longer need to use the power of thoughts to manifest. When you no longer need techniques, visualisations, or elaborate rituals. When your mere presence in the truth becomes the catalyst of manifestation.

The feeling of being (simply being) will create your desired reality. Because the feeling of being in the know is perfect alignment. And your reality has no choice but to mirror that.

This is the end of seeking. This is the beginning of being.

A MOMENT TO PAUSE

- Whose approval have you been seeking instead of seeking your own truth?
- What would change if you stopped living to please others and started living to know yourself?
- Can you feel the difference between seeking confirmation and being the thing itself?

THE PRACTICE: Reclaim Your Purpose

Write a declaration in your journal. This is a statement of your true purpose. Something like:

'I release the need for external approval. I release the need to please, perform, or prove myself. My purpose is to know the truth of my creative power. My purpose is to awaken to who I really am. My purpose is to create my reality consciously and live as the architect of my experience. This is my only mission'.

Read this declaration every morning for the next week. Let it remind you why you're really here.

You're not here to be liked. You're here to be *awake*.

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- Other people's opinions lose their power over you
 - You stop performing for approval and start creating for joy
 - You feel a deep sense of purpose that has nothing to do with external achievement
 - You recognise that your only real job is to know yourself as creator
-

CHAPTER FOURTEEN: MONEY AND THE CREATOR

Let us address the elephant in the room: money.

So many seekers struggle here. They can manifest parking spaces and friendly interactions, but when it comes to money, they hit a wall. Why?

Because money, more than almost anything else, is laden with false beliefs. Society has conditioned you to believe that money is scarce, that it requires hard work and sacrifice, that spiritual people shouldn't want it, that it's somehow dirty or corrupt.

But money is none of these things. Money is neutral energy, as responsive to your assumption as anything else in your reality.

The reason you struggle with money is not because money is different or harder to manifest. It's because your assumptions about money are deeply entrenched and often unconscious.

Ask yourself: What do I truly believe about money?

Not what you wish you believed. What you actually believe, deep down.

Do you believe:

- Money is scarce and hard to come by?
- Rich people are greedy or corrupt?
- You have to work extremely hard to earn money?
- Wanting money is unspiritual?
- You don't deserve financial abundance?

These beliefs are assumptions. And like all assumptions, they create your reality.

If you assume money is scarce, you will experience scarcity. If you assume you must struggle for it, you will struggle. If you assume there's something wrong with wanting it, you will unconsciously sabotage your own abundance.

Money is energy. It flows to those who assume it flows easily. It appears for those who assume they are worthy of it. It multiplies for those who assume abundance is their natural state.

Abundance is your birthright. Money is simply one form of abundance.

Change your assumption about money, and money will change.

Assume it flows easily. Assume you are worthy of it. Assume there is always more than enough. Assume opportunities for wealth appear naturally.

Hold these assumptions steady, and watch your financial reality shift.

Money is not special. It's not harder. It's not different. It's just another area where your assumptions are made visible.

A MOMENT TO PAUSE

- What do you genuinely believe about money, deep down?
- Where did these beliefs come from? (Family, society, religion?)
- What new assumption about money would create the financial reality you desire?

THE PRACTICE: Money Assumption Audit

In your journal, complete these sentences honestly:

1. Money is...
2. Rich people are...
3. To have money, I must...
4. I don't deserve money because...
5. Money and spirituality...

Read what you've written. These are your current assumptions about money. They're creating your current financial reality.

Now rewrite each sentence from the assumption of abundance:

1. Money is energy that flows easily to me
2. Rich people are simply those who assume abundance (and I can too)
3. To have money, I must simply assume I am wealthy
4. I deserve money because I am a creator and abundance is my birthright
5. Money and spirituality are not opposed (abundance in all forms is natural)

Carry the new assumptions with you. When old beliefs arise, gently redirect to the new ones.

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- Guilt or shame about wanting money dissolves
 - You feel genuinely worthy of financial abundance
 - Money begins flowing more easily through unexpected channels
 - You catch yourself naturally assuming 'there's always enough'
-

CHAPTER FIFTEEN: THE COMPANY YOU KEEP

Consciousness is contagious.

The people you surround yourself with are either supporting your awakening or reinforcing your sleep. There is no neutral ground.

When you begin to live as a conscious creator, you will find that some relationships naturally fall away. This is not a punishment. It is a realignment.

People who are committed to victimhood will find your newfound power threatening. People who are invested in lack will find your assumption of abundance annoying. People who need you to stay small will resent your expansion.

This is normal. This is necessary. Let them go.

Not with anger or judgement, but with compassion and clarity. They are on their own journey. You are on yours. And sometimes those paths diverge.

Conversely, new people will appear (people who vibrate at your new frequency, who support your awakening, who reflect back your power rather than your limitations).

Pay attention to how you feel after spending time with someone. Do you feel expanded or contracted? Inspired or depleted? Empowered or diminished?

Your emotional response is telling you whether this person's consciousness is supporting or hindering your growth.

This doesn't mean you abandon everyone who doesn't 'get it'. It means you become discerning about where you invest your energy and attention.

Some relationships are worth the effort of holding your ground whilst they catch up. Others are better loved from a distance.

There is a loneliness that sometimes comes with awakening. You see things others don't see. You know things others don't know. You refuse to engage in the collective trance of victimhood and limitation.

For a time, you may feel isolated. This is temporary.

As you continue to embody your truth, you will find your tribe (the other awakened ones, the conscious creators, the people who understand that reality is malleable and assumption is law).

Until then, guard your consciousness carefully. Be mindful of what you allow into your awareness. Protect your inner state the way you would protect a sacred flame.

Because it is.

Choose your company wisely. Consciousness is contagious. Make sure you're catching the right contagion.

A MOMENT TO PAUSE

- Who in your life supports your awakening? Who undermines it?
- Are there relationships you need to temporarily distance yourself from whilst you build your foundation?
- Can you love people from a distance if being close to them weakens your conviction?

THE PRACTICE: The Circle Audit

Draw three concentric circles in your journal.

Inner circle: People who actively support your growth and awakening. Who lifts you up, reflects your power, encourages your expansion?

Middle circle: People who are neutral (they don't actively support or undermine you).

Outer circle: People who drain you, mock your beliefs, or keep you small.

Now ask yourself:

- Am I spending most of my time with the inner circle or the outer circle?
- Do I need to create more distance from the outer circle whilst I'm establishing my foundation?
- Can I seek out more inner-circle relationships?

This isn't about judgement. It's about conscious choice. You become like the people you surround yourself with. Choose accordingly.

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- You naturally start to distance yourself from energy-draining relationships
 - New, supportive people begin appearing in your life
 - You feel less need to convince others and more confidence in your own knowing
 - You can maintain your centre even around people who don't understand
-

CHAPTER SIXTEEN: WHEN YOU'VE FORGOTTEN

You will forget.

Not permanently, but temporarily. There will be days when you slip back into old patterns, when you react from victim consciousness, when you forget you're the creator.

This is normal. This is human. This is part of the journey.

The question is not whether you'll forget. The question is: What will you do when you remember you've forgotten?

Will you berate yourself? Will you decide you've failed? Will you think, 'See, I knew this didn't work'?

Or will you gently, compassionately, return to centre?

The path of awakening is not a straight line. It's a spiral. You circle back to old patterns, but each time you're at a higher level of understanding. Each time you return to centre more quickly.

Self-compassion is crucial here.

When you notice you've been living from fear instead of faith, from lack instead of abundance, from victimhood instead of creator consciousness (don't punish yourself).

Simply notice. 'Ah, I've forgotten who I am. Let me remember'.

And then redirect. Gently. Kindly. As you would guide a child who's wandered off the path.

You are learning to override decades of conditioning. You are rewiring neural pathways that have been forming since childhood. This takes practice. It takes patience. It takes persistent returning.

Every time you forget and then remember, you strengthen the remembering muscle. Eventually, the remembering becomes automatic. The forgetting becomes rare.

But in the beginning, you will forget often. And that's okay.

What matters is not how often you forget, but how quickly you return.

So when you've forgotten (and you will) be gentle with yourself. You haven't failed. You're simply human.

Take a breath. Come back to now. Remind yourself: *I am the creator. Reality is my mirror. Assumption shapes form.*

And begin again.

This is the practice. This is the path. This is how you master the truth of creation: one remembering at a time.

A MOMENT TO PAUSE

- How do you typically respond when you forget your power and slip into old patterns?
- Can you offer yourself the same compassion you would offer a dear friend who was struggling?
- What would it feel like to see forgetting as part of the process rather than evidence of failure?

THE PRACTICE: The Gentle Return

Create a simple reminder for yourself (something you can turn to when you've forgotten).

This might be:

- A note card with 'I am the creator' written on it
- A photo that reminds you of your power
- A specific song that brings you back to centre
- A passage from this book that resonates deeply

Keep it accessible. When you notice you've forgotten who you are, use this reminder to guide yourself back.

And when you return, speak kindly to yourself: 'There I am. Welcome home'.

No judgement. No shame. Just gentle redirection, like a loving parent guiding a wandering child.

SIGNS OF AWAKENING

You'll know this truth is taking root when:

- You catch yourself forgetting more quickly
 - You return to centre with less struggle and more grace
 - You treat your forgetfulness with compassion rather than judgement
 - The periods of remembering become longer than the periods of forgetting
-

EPILOGUE: THE BEGINNING

You have read the words. Now comes the living of them.

The truth is simple, but it is not easy. It requires vigilance, commitment, and an unshakeable faith in your own creative power. You will be tested. The external world will seem to contradict you. Doubt will whisper in your ear.

But you now know what most people will never know: *I am, therefore everything else exists.*

You are not in reality. Reality is in you. You are the consciousness through which the world comes into being. And what arises within your consciousness can be reshaped by your assumptions.

Reality is yours to shape. Thought comes before matter. Assumption is the bridge.

Go forth and create. Shepherd your thoughts. Bathe in the waters of knowing. Choose who you are in every moment.

And when you falter, come back to these pages. Let them remind you of the truth you have always known.

You are not here to survive. You are here to *create*.

What will you create?

Not someday. Not when conditions are perfect. Not when you feel ready.

Now.

Right now, in this very moment, you have the power to assume a new reality. To revise your past. To reshape your present. To design your future.

You have the power to choose peace over chaos, abundance over lack, love over fear.

You are the architect of your own experience.

This is not a gift I'm giving you. This is a truth I'm reminding you of. You've always had this power. You've been using it unconsciously your entire life.

Now you're being invited to use it consciously.

So I ask you again: What will you create?

A life of joy? Create it. A life of abundance? Create it. A life of love, purpose, freedom, adventure? Create it.

Stop waiting. Stop asking permission. Stop looking for proof.

Assume it is already done. Feel it as real. Live from that state.

And watch reality bend to meet you.

This is not the end of a book. This is the beginning of a new way of being.

Welcome home, creator.

Now go and build the world you were meant to live in.

THE END

'When you reached the truth, you no longer need confirmation of the wish fulfilled. You are the wish fulfilled'.

AFTERWORD: WHAT NOW?

If you've made it this far, you are not the same person who began this book.

Something has shifted. Something has awakened. Perhaps it's subtle (a quiet knowing, a gentle certainty). Perhaps it's dramatic (a complete reorientation of how you see reality).

Either way, you cannot unknow what you now know.

So what now?

First: Practice These are not ideas to admire. They are principles to embody. Choose one chapter that resonated most strongly and work with its practice for a month. Master one truth before moving to the next.

Second: Test Don't take my word for it. Test these principles in your own life. Start small if you need to. Revise a minor event. Assume a small desire. Watch what happens. Build your own evidence.

Third: Record Keep a manifestation journal. Track your assumptions and their results. Notice the correlation between inner state and outer circumstance. This becomes your personal proof.

Fourth: Connect You are not alone on this path. Seek out others who understand these principles. Share your experiences. Learn from theirs. Consciousness is contagious (surround yourself with awakened creators).

Fifth: Share (When Ready) When you've mastered these truths in your own life, when you've become unshakeable in your knowing, you may feel called to share. Do so. Not by preaching, but by being. Your transformed life will be the greatest teaching.

Finally: Remember You will forget. You will slip. You will doubt. And when you do, return to these pages. Let them be your reminder, your anchor, your way home.

This book will meet you differently each time you read it. What you needed to hear today may not be what you need to hear in six months. Let it be a living companion on your journey.

Thank you for reading. Thank you for being willing to see reality differently. Thank you for having the courage to claim your creative power.

The world needs conscious creators. It needs people who understand that we are not victims of reality but architects of it.

Be that person.

Go create wonders.

RECOMMENDED FURTHER READING

If this book has resonated with you, you may wish to explore the works that influenced it:

Foundational Texts:

- *The Power of Awareness* by Neville Goddard
- *Feeling is the Secret* by Neville Goddard
- *The Law and the Promise* by Neville Goddard

Contemporary Interpretations:

- *The Power of Now* by Eckhart Tolle
- *Breaking the Habit of Being Yourself* by Dr Joe Dispenza

Ancient Wisdom:

- *The Kybalion* (Hermetic Principles)
- *The Bhagavad Gita*

Each of these works points to the same essential truth: consciousness creates reality. Explore them with an open mind and test their principles in your own experience.

ABOUT THE AUTHOR

Petra Zaremba is a British writer and mentor specialising in the intersection of consciousness, manifestation, and practical mysticism. She coaches leaders towards their freedom and ultimate potential. Drawing on years of personal experimentation, she has developed a clear, accessible approach to understanding reality as a creative act.

After experiencing a profound awakening in 2023 and 2025, Petra began systematically testing the principles outlined in this book, documenting the correlation between assumption and manifestation. The results transformed not only her external circumstances but her fundamental understanding of existence itself.

Based in England, Petra Zaremba continues to explore and teach these principles, helping others discover their own creative power.

For more resources and to connect with other conscious creators, visit <https://www.awakendivine.co.uk/>

A FINAL WORD

Before you close this book, take a moment.

Feel into the truth of what you've read. Not with your mind, but with your entire being.

I am, therefore everything else exists.

You are the creator of your reality. Not partially. Not conditionally. Completely.

Every circumstance in your life is the echo of your assumptions. Change the assumption, and you change the echo.

This is not philosophy. This is not wishful thinking. This is law.

And now you know it.

So the question is no longer 'Is this true?' The question is: 'What will I create now that I know?'

Choose well, creator.

The world is waiting for what you'll build.

You will know you have reached the truth when being aware of your being is enough.

When you no longer need to use the power of thoughts to manifest. When you no longer need techniques, visualisations, or affirmations. When your mere presence in the truth becomes the catalyst of manifestation.

The feeling of being (simply being) will create your desired reality. Because the feeling of being in the know is perfect alignment. And your reality has no choice but to mirror that.

This is the end of doing and the beginning of being.

This is mastery.

END